

# Daily Affirmations

# 2

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## Enneagram Type Two

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I am deserving of love and respect.



I am loved for who I am, not what I do.



I ask for help when I need it.



I know my worth.



I let go of others' opinions.



I am peaceful and calm.



I give and receive love generously.



I am responsible for my own happiness.



I love without expectations.



I take time for myself.



I am in touch with my emotional needs.



I am enough.