

Daily Affirmations

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Enneagram Type Four



I choose to be happy and love myself.



I am more than my feelings.



I am exactly where I am supposed to be.



I choose joy over perfection.



I engage with, rather than withdraw, from others.



I choose to move towards community and not comparison.



I am constantly growing.



I am significant and I belong.



I bring beauty to the world.



I see beauty in the ordinary.



I already have everything I need.



I am enough.