

Daily Affirmations

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Enneagram Type Six



I am secure within myself.



I am worthy of love.



I can trust my intuition.



I am in charge of my thoughts.



I trust that my needs will be met.



I release all fear of the future.



I am playful and engaging.



I let go of my worries and I choose peace.



I trust myself.



I am accepting, rather than defensive.



I choose to think positively.



I am enough.