

# Daily Affirmations



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## Enneagram Type Eight

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I can find strength in vulnerability.



I embrace my warm-hearted nature.



I can trust other people.



I release my anger, and replace it with gratitude.



I choose to connect to my inner self.



I know when to push and when to rest.



I am willing to accept new perspectives.



I use my power to assist others.



I release control - I don't need to always protect myself.



I am learning to let my walls down and be more vulnerable.



I choose to be happy than right.



I am enough.