



Enneagram Type Four

INTENSE CREATIVE

INDIVIDUALIST

ROMANTIC

THE ORIGINAL TYPE

*"Forget your voice, sing! Forget your feet, dance! Forget your life, live! Forget yourself and be!"
-Kamand Kojouri*

CORE MOTIVATION

FOURs are motivated by their need to find themselves and their significance.

FOURs want to be unique, authentic and original.

UNCONSCIOUS FEAR

- Of having no identity or personal significance.
- Of having no permanent sense of self.
- They are flawed, don't matter.

SUBTYPES



SELF-PRESERVATION COUNTERTYPE

SP FOURs internalise negative emotions and stoically endure pain and suffering rather than playing the victim.



ONE-TO-ONE

SX FOURs compete with others to help overcome feelings of inner deficiency. Shameless in demand for what they want.



SOCIAL

SO FOURs attract support by expressing their suffering to others, taking on the role of the victim.

OVERVIEW

FOURs seek to find their own identity, and are focused on feeling all of their emotions.

FOURs are attracted to and value originality and artistic expression. They desire to be sensitive, refined people, seeking to make the world more beautiful.

FOURs are creative, personal and emotionally honest, but can have problems with melancholy and self-pity.

QUALITIES

INTUITIVE
IDEALISTIC
EXPRESSIVE
EMPATHETIC
INTROSPECTIVE
UNDERSTANDING
COMPASSIONATE
EMOTIONAL DEPTH

STRENGTHS

- Inspired
- Courageous
- Self-attuned
- Purpose-driven
- Appreciative of beauty

AT THEIR BEST

inspired, profoundly creative, self-renewing

STRUGGLES

- Moody
- Intense
- Sensitive
- Detached
- Self-Absorbed